

Tijdentabel Para-zwemmen Heren 2025-2028



knzb

19-02-2025

Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand		
50bc	S1-4	00:43,74	00:45,57	00:47,39	00:49,21	00:54,68	00:56,50	00:58,33	01:01,97	S1-4	50bc		
	S5	00:36,94	00:38,48	00:40,02	00:41,56	00:46,18	00:47,71	00:49,25	00:52,33	S5			
	S6	00:35,29	00:36,76	00:38,23	00:39,70	00:44,11	00:45,58	00:47,05	00:49,99	S6			
	S7	00:32,79	00:34,16	00:35,52	00:36,89	00:40,99	00:42,36	00:43,72	00:46,46	S7			
	S8	00:32,11	00:33,45	00:34,78	00:36,12	00:40,13	00:41,47	00:42,81	00:45,49	S8			
	S9	00:29,68	00:30,92	00:32,16	00:33,39	00:37,10	00:38,34	00:39,58	00:42,05	S9			
	S10	00:28,36	00:29,54	00:30,72	00:31,91	00:35,45	00:36,63	00:37,81	00:40,18	S10			
	S11	00:31,18	00:32,48	00:33,78	00:35,08	00:38,97	00:40,27	00:41,57	00:44,17	S11			
	S12	00:28,93	00:30,14	00:31,34	00:32,55	00:36,17	00:37,37	00:38,58	00:40,99	S12			
	S13	00:28,43	00:29,62	00:30,80	00:31,99	00:35,54	00:36,72	00:37,91	00:40,28	S13			
	S14	00:28,34	00:29,52	00:30,71	00:31,89	00:35,43	00:36,61	00:37,79	00:40,15	S14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14		Klasse	Afstand
	100bc	S1-4	01:37,23	01:41,28	01:45,33	01:49,38	02:01,53	02:05,59	02:09,64	02:17,74		S1-4	100bc
		S5	01:23,48	01:26,95	01:30,43	01:33,91	01:44,34	01:47,82	01:51,30	01:58,26		S5	
S6		01:16,97	01:20,18	01:23,39	01:26,59	01:36,21	01:39,42	01:42,63	01:49,04	S6			
S7		01:12,66	01:15,69	01:18,72	01:21,75	01:30,83	01:33,86	01:36,89	01:42,94	S7			
S8		01:10,12	01:13,04	01:15,96	01:18,88	01:27,64	01:30,57	01:33,49	01:39,33	S8			
S9		01:05,62	01:08,36	01:11,09	01:13,83	01:22,03	01:24,76	01:27,50	01:32,97	S9			
S10		01:02,10	01:04,68	01:07,27	01:09,86	01:17,62	01:20,21	01:22,79	01:27,97	S10			
S11		01:09,42	01:12,31	01:15,21	01:18,10	01:26,77	01:29,67	01:32,56	01:38,35	S11			
S12		01:04,08	01:06,75	01:09,42	01:12,09	01:20,10	01:22,76	01:25,43	01:30,77	S12			
S13		01:02,72	01:05,34	01:07,95	01:10,56	01:18,40	01:21,02	01:23,63	01:28,86	S13			
S14		01:02,29	01:04,89	01:07,48	01:10,08	01:17,87	01:20,46	01:23,06	01:28,25	S14			
Afstand		Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand	
200bc		S1-4	03:28,26	03:36,94	03:45,62	03:54,29	04:20,33	04:29,00	04:37,68	04:55,04	S1-4	200bc	
		S5	03:02,62	03:10,23	03:17,84	03:25,45	03:48,28	03:55,89	04:03,50	04:18,72	S5		
	S6	03:06,73	03:14,51	03:22,29	03:30,07	03:53,41	04:01,19	04:08,97	04:24,53	S6			
	S7	02:46,00	02:52,92	02:59,84	03:06,75	03:27,51	03:34,42	03:41,34	03:55,17	S7			
	S8	02:35,90	02:42,39	02:48,89	02:55,38	03:14,87	03:21,37	03:27,86	03:40,85	S8			
	S9	02:25,62	02:31,68	02:37,75	02:43,82	03:02,02	03:08,09	03:14,15	03:26,29	S9			
	S10	02:24,32	02:30,33	02:36,34	02:42,36	03:00,39	03:06,41	03:12,42	03:24,45	S10			
	S11	02:41,17	02:47,88	02:54,60	03:01,31	03:21,46	03:28,18	03:34,89	03:48,32	S11			
	S12	02:26,84	02:32,95	02:39,07	02:45,19	03:03,54	03:09,66	03:15,78	03:28,02	S12			
	S13	02:24,92	02:30,96	02:37,00	02:43,04	03:01,15	03:07,19	03:13,23	03:25,31	S13			
	S14	02:15,60	02:21,25	02:26,90	02:32,55	02:49,50	02:55,14	03:00,79	03:12,09	S14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse		Afstand
	400bc	S1-6	06:01,30	06:16,35	06:31,40	06:46,46	07:31,62	07:46,67	08:01,73	08:31,84	S1-6		400bc
		S7	05:35,26	05:49,23	06:03,20	06:17,17	06:59,08	07:13,05	07:27,02	07:54,96	S7		
S8		05:18,03	05:31,28	05:44,53	05:57,78	06:37,54	06:50,79	07:04,04	07:30,54	S8			
S9		05:04,10	05:16,77	05:29,45	05:42,12	06:20,13	06:32,80	06:45,47	07:10,81	S9			
S10		05:00,59	05:13,12	05:25,64	05:38,17	06:15,74	06:28,26	06:40,79	07:05,84	S10			
S11		05:26,01	05:39,60	05:53,18	06:06,76	06:47,51	07:01,10	07:14,68	07:41,85	S11			
S12		05:10,08	05:23,00	05:35,92	05:48,84	06:27,60	06:40,52	06:53,44	07:19,28	S12			
S13		04:55,94	05:08,27	05:20,60	05:32,93	06:09,92	06:22,25	06:34,58	06:59,24	S13			
S14		05:04,06	05:16,73	05:29,40	05:42,07	06:20,08	06:32,75	06:45,42	07:10,76	S14			

Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand		
50rc	S1-4	00:51,01	00:53,14	00:55,26	00:57,39	01:03,76	01:05,89	01:08,02	01:12,27	S1-4	50rc		
	S5	00:40,18	00:41,85	00:43,53	00:45,20	00:50,23	00:51,90	00:53,57	00:56,92	S5			
	S6	00:39,43	00:41,07	00:42,71	00:44,36	00:49,29	00:50,93	00:52,57	00:55,86	S6			
	S7	00:41,07	00:42,78	00:44,49	00:46,21	00:51,34	00:53,05	00:54,76	00:58,19	S7			
	S8	00:38,73	00:40,35	00:41,96	00:43,57	00:48,42	00:50,03	00:51,64	00:54,87	S8			
	S9	00:35,62	00:37,10	00:38,59	00:40,07	00:44,53	00:46,01	00:47,49	00:50,46	S9			
	S10	00:34,11	00:35,53	00:36,95	00:38,37	00:42,64	00:44,06	00:45,48	00:48,32	S10			
	S11	00:37,88	00:39,46	00:41,04	00:42,62	00:47,35	00:48,93	00:50,51	00:53,67	S11			
	S12	00:34,68	00:36,12	00:37,57	00:39,01	00:43,35	00:44,80	00:46,24	00:49,13	S12			
	S13	00:33,77	00:35,18	00:36,58	00:37,99	00:42,21	00:43,62	00:45,02	00:47,84	S13			
	S14	00:33,46	00:34,85	00:36,25	00:37,64	00:41,82	00:43,22	00:44,61	00:47,40	S14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14		Klasse	Afstand
	100rc	S1-4	01:59,70	02:04,68	02:09,67	02:14,66	02:29,62	02:34,61	02:39,59	02:49,57		S1-4	100rc
		S5	01:51,47	01:56,11	02:00,76	02:05,40	02:19,34	02:23,98	02:28,62	02:37,91		S5	
S6		01:29,92	01:33,66	01:37,41	01:41,16	01:52,39	01:56,14	01:59,89	02:07,38	S6			
S7		01:23,59	01:27,08	01:30,56	01:34,04	01:44,49	01:47,97	01:51,46	01:58,42	S7			
S8		01:18,72	01:22,00	01:25,28	01:28,56	01:38,40	01:41,68	01:44,96	01:51,52	S8			
S9		01:12,80	01:15,83	01:18,86	01:21,90	01:30,99	01:34,03	01:37,06	01:43,13	S9			
S10		01:12,10	01:15,10	01:18,11	01:21,11	01:30,12	01:33,13	01:36,13	01:42,14	S10			
S11		01:20,30	01:23,64	01:26,99	01:30,33	01:40,37	01:43,72	01:47,06	01:53,75	S11			
S12		01:13,59	01:16,66	01:19,72	01:22,79	01:31,99	01:35,06	01:38,12	01:44,26	S12			
S13		01:09,97	01:12,88	01:15,80	01:18,71	01:27,46	01:30,38	01:33,29	01:39,12	S13			
S14		01:10,04	01:12,95	01:15,87	01:18,79	01:27,55	01:30,46	01:33,38	01:39,22	S14			
Afstand		Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand	
50vl		S1-4	00:50,68	00:52,79	00:54,90	00:57,02	01:03,35	01:05,46	01:07,57	01:11,80	S1-4	50vl	
		S5	00:37,77	00:39,34	00:40,92	00:42,49	00:47,21	00:48,78	00:50,36	00:53,50	S5		
	S6	00:37,78	00:39,35	00:40,92	00:42,50	00:47,22	00:48,79	00:50,37	00:53,52	S6			
	S7	00:35,01	00:36,47	00:37,93	00:39,38	00:43,76	00:45,22	00:46,68	00:49,59	S7			
	S8	00:33,99	00:35,41	00:36,82	00:38,24	00:42,49	00:43,91	00:45,32	00:48,16	S8			
	S9	00:32,64	00:34,00	00:35,36	00:36,72	00:40,80	00:42,16	00:43,52	00:46,24	S9			
	S10	00:31,39	00:32,70	00:34,01	00:35,32	00:39,24	00:40,55	00:41,86	00:44,47	S10			
	S11	00:33,87	00:35,28	00:36,69	00:38,11	00:42,34	00:43,75	00:45,16	00:47,99	S11			
	S12	00:32,05	00:33,39	00:34,72	00:36,06	00:40,07	00:41,40	00:42,74	00:45,41	S12			
	S13	00:31,00	00:32,29	00:33,58	00:34,88	00:38,75	00:40,04	00:41,33	00:43,92	S13			
	S14	00:30,83	00:32,12	00:33,40	00:34,69	00:38,54	00:39,83	00:41,11	00:43,68	S14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse		Afstand
	100vl	S1-8	01:15,20	01:18,33	01:21,46	01:24,60	01:34,00	01:37,13	01:40,26	01:46,53	S1-8		100vl
		S9	01:11,36	01:14,33	01:17,30	01:20,28	01:29,20	01:32,17	01:35,14	01:41,09	S9		
S10		01:07,80	01:10,62	01:13,45	01:16,27	01:24,75	01:27,57	01:30,39	01:36,04	S10			
S11		01:15,00	01:18,13	01:21,25	01:24,38	01:33,75	01:36,88	01:40,00	01:46,25	S11			
S12		01:09,20	01:12,08	01:14,97	01:17,85	01:26,50	01:29,38	01:32,27	01:38,03	S12			
S13		01:06,48	01:09,25	01:12,02	01:14,79	01:23,10	01:25,88	01:28,65	01:34,19	S13			
S14		01:06,36	01:09,12	01:11,89	01:14,65	01:22,95	01:25,71	01:28,47	01:34,00	S14			

Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand		
50ss	SB1-4	00:53,07	00:55,28	00:57,49	00:59,70	01:06,34	01:08,55	01:10,76	01:15,18	SB1-4	50ss		
	SB5	00:52,00	00:54,17	00:56,34	00:58,50	01:05,01	01:07,17	01:09,34	01:13,67	SB5			
	SB6	00:44,64	00:46,50	00:48,36	00:50,22	00:55,79	00:57,65	00:59,51	01:03,23	SB6			
	SB7	00:43,64	00:45,46	00:47,28	00:49,10	00:54,55	00:56,37	00:58,19	01:01,82	SB7			
	SB8	00:39,75	00:41,40	00:43,06	00:44,72	00:49,69	00:51,34	00:53,00	00:56,31	SB8			
	SB9	00:37,78	00:39,36	00:40,93	00:42,51	00:47,23	00:48,80	00:50,38	00:53,53	SB9			
	SB11	00:39,95	00:41,61	00:43,28	00:44,94	00:49,94	00:51,60	00:53,26	00:56,59	SB11			
	SB12	00:37,84	00:39,42	00:41,00	00:42,57	00:47,31	00:48,88	00:50,46	00:53,61	SB12			
	SB13	00:36,52	00:38,04	00:39,56	00:41,08	00:45,65	00:47,17	00:48,69	00:51,74	SB13			
	SB14	00:36,31	00:37,83	00:39,34	00:40,85	00:45,39	00:46,90	00:48,42	00:51,44	SB14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14		Klasse	Afstand
	100ss	SB1-4	01:56,41	02:01,26	02:06,11	02:10,96	02:25,51	02:30,36	02:35,21	02:44,91		SB1-4	100ss
		SB5	01:46,83	01:51,28	01:55,73	02:00,18	02:13,54	02:17,99	02:22,44	02:31,34		SB5	
		SB6	01:36,30	01:40,32	01:44,33	01:48,34	02:00,38	02:04,39	02:08,41	02:16,43		SB6	
SB7		01:31,65	01:35,47	01:39,29	01:43,10	01:54,56	01:58,38	02:02,20	02:09,83	SB7			
SB8		01:24,32	01:27,83	01:31,35	01:34,86	01:45,40	01:48,91	01:52,43	01:59,45	SB8			
SB9		01:20,45	01:23,80	01:27,15	01:30,50	01:40,56	01:43,91	01:47,26	01:53,97	SB9			
SB11		01:27,18	01:30,82	01:34,45	01:38,08	01:48,98	01:52,61	01:56,25	02:03,51	SB11			
SB12		01:20,31	01:23,66	01:27,00	01:30,35	01:40,39	01:43,74	01:47,08	01:53,78	SB12			
SB13		01:17,24	01:20,46	01:23,68	01:26,90	01:36,55	01:39,77	01:42,99	01:49,42	SB13			
SB14		01:17,08	01:20,30	01:23,51	01:26,72	01:36,36	01:39,57	01:42,78	01:49,20	SB14			
Afstand		Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand	
200wis		SM1-5	03:25,34	03:33,89	03:42,45	03:51,00	04:16,67	04:25,23	04:33,78	04:50,89	SM1-5	200wis	
		SM6	03:11,78	03:19,78	03:27,77	03:35,76	03:59,73	04:07,72	04:15,71	04:31,69	SM6		
		SM7	03:00,45	03:07,97	03:15,49	03:23,01	03:45,56	03:53,08	04:00,60	04:15,64	SM7		
	SM8	02:52,56	02:59,75	03:06,94	03:14,13	03:35,70	03:42,90	03:50,09	04:04,47	SM8			
	SM9	02:42,98	02:49,77	02:56,56	03:03,35	03:23,72	03:30,52	03:37,31	03:50,89	SM9			
	SM10	02:39,30	02:45,94	02:52,58	02:59,22	03:19,13	03:25,77	03:32,41	03:45,68	SM10			
	SM11	02:52,01	02:59,17	03:06,34	03:13,51	03:35,01	03:42,18	03:49,34	04:03,68	SM11			
	SM12	02:47,14	02:54,10	03:01,06	03:08,03	03:28,92	03:35,88	03:42,85	03:56,78	SM12			
	SM13	02:33,27	02:39,66	02:46,04	02:52,43	03:11,59	03:17,98	03:24,36	03:37,14	SM13			
	SM14	02:33,06	02:39,43	02:45,81	02:52,19	03:11,32	03:17,70	03:24,07	03:36,83	SM14			

Versiebeheer

04-02-2025 Publicatie

19-02-2025 Toevoegen niveau Provinciale Kampioenschappen