

Tijdentabel Para-zwemmen Dames 2025-2028



knzb

19-02-2025

Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand	
50bc	S1-4	00:46,90	00:48,86	00:50,81	00:52,77	00:58,63	01:00,58	01:02,54	01:06,45	S1-4		
	S5	00:43,21	00:45,01	00:46,81	00:48,61	00:54,01	00:55,81	00:57,61	01:01,21	S5		
	S6	00:39,52	00:41,17	00:42,82	00:44,46	00:49,41	00:51,05	00:52,70	00:55,99	S6		
	S7	00:39,70	00:41,35	00:43,00	00:44,66	00:49,62	00:51,27	00:52,93	00:56,24	S7		
	S8	00:36,45	00:37,97	00:39,49	00:41,01	00:45,57	00:47,08	00:48,60	00:51,64	S8		
	S9	00:33,52	00:34,91	00:36,31	00:37,71	00:41,89	00:43,29	00:44,69	00:47,48	S9		
	S10	00:33,03	00:34,40	00:35,78	00:37,16	00:41,28	00:42,66	00:44,04	00:46,79	S10		
	S11	00:35,49	00:36,97	00:38,45	00:39,92	00:44,36	00:45,84	00:47,32	00:50,27	S11		
	S12	00:32,92	00:34,29	00:35,66	00:37,04	00:41,15	00:42,52	00:43,89	00:46,64	S12		
	S13	00:32,69	00:34,05	00:35,41	00:36,77	00:40,86	00:42,22	00:43,58	00:46,31	S13		
	S14	00:32,47	00:33,82	00:35,17	00:36,53	00:40,58	00:41,94	00:43,29	00:46,00	S14		
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand
	100bc	S1-4	01:42,06	01:46,31	01:50,56	01:54,81	02:07,57	02:11,82	02:16,07	02:24,58	S1-4	
		S5	01:31,74	01:35,57	01:39,39	01:43,21	01:54,68	01:58,50	02:02,33	02:09,97	S5	
S6		01:26,37	01:29,97	01:33,57	01:37,16	01:47,96	01:51,56	01:55,16	02:02,35	S6		
S7		01:24,69	01:28,22	01:31,75	01:35,28	01:45,87	01:49,39	01:52,92	01:59,98	S7		
S8		01:19,81	01:23,13	01:26,46	01:29,78	01:39,76	01:43,09	01:46,41	01:53,06	S8		
S9		01:13,81	01:16,89	01:19,96	01:23,04	01:32,26	01:35,34	01:38,42	01:44,57	S9		
S10		01:12,48	01:15,50	01:18,52	01:21,54	01:30,60	01:33,62	01:36,64	01:42,68	S10		
S11		01:19,18	01:22,48	01:25,78	01:29,08	01:38,98	01:42,28	01:45,58	01:52,18	S11		
S12		01:12,38	01:15,40	01:18,41	01:21,43	01:30,48	01:33,49	01:36,51	01:42,54	S12		
S13		01:11,88	01:14,87	01:17,87	01:20,86	01:29,85	01:32,84	01:35,84	01:41,83	S13		
S14		01:11,33	01:14,30	01:17,27	01:20,24	01:29,16	01:32,13	01:35,10	01:41,05	S14		
Afstand		Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand
200bc		S1-4	03:42,79	03:52,07	04:01,36	04:10,64	04:38,49	04:47,77	04:57,06	05:15,62	S1-4	
		S5	03:21,92	03:30,33	03:38,75	03:47,16	04:12,40	04:20,81	04:29,23	04:46,05	S5	
	S6	03:10,43	03:18,37	03:26,30	03:34,24	03:58,04	04:05,97	04:13,91	04:29,78	S6		
	S7	03:04,87	03:12,58	03:20,28	03:27,98	03:51,09	03:58,79	04:06,50	04:21,90	S7		
	S8	02:58,06	03:05,48	03:12,90	03:20,32	03:42,58	03:50,00	03:57,42	04:12,26	S8		
	S9	02:45,32	02:52,20	02:59,09	03:05,98	03:26,65	03:33,53	03:40,42	03:54,20	S9		
	S10	02:38,75	02:45,37	02:51,98	02:58,60	03:18,44	03:25,05	03:31,67	03:44,90	S10		
	S11	03:07,97	03:15,80	03:23,63	03:31,46	03:54,96	04:02,79	04:10,62	04:26,29	S11		
	S12	02:42,15	02:48,91	02:55,66	03:02,42	03:22,69	03:29,44	03:36,20	03:49,71	S12		
	S13	02:43,92	02:50,75	02:57,58	03:04,41	03:24,90	03:31,74	03:38,57	03:52,23	S13		
	S14	02:31,95	02:38,28	02:44,61	02:50,95	03:09,94	03:16,27	03:22,60	03:35,27	S14		
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand
	400bc	S1-6	06:19,29	06:35,09	06:50,90	07:06,70	07:54,11	08:09,91	08:25,72	08:57,32	S1-6	
		S7	06:05,64	06:20,87	06:36,11	06:51,34	07:37,05	07:52,28	08:07,51	08:37,98	S7	
S8		05:50,50	06:05,10	06:19,70	06:34,31	07:18,12	07:32,72	07:47,33	08:16,54	S8		
S9		05:39,80	05:53,96	06:08,12	06:22,28	07:04,76	07:18,91	07:33,07	08:01,39	S9		
S10		05:28,28	05:41,95	05:55,63	06:09,31	06:50,35	07:04,02	07:17,70	07:45,06	S10		
S11		06:06,55	06:21,83	06:37,10	06:52,37	07:38,19	07:53,46	08:08,74	08:39,28	S11		
S12		05:42,70	05:56,98	06:11,26	06:25,54	07:08,38	07:22,65	07:36,93	08:05,49	S12		
S13		05:30,34	05:44,11	05:57,87	06:11,64	06:52,93	07:06,69	07:20,46	07:47,99	S13		
S14		05:33,81	05:47,72	06:01,63	06:15,54	06:57,27	07:11,17	07:25,08	07:52,90	S14		

Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand		
50rc	S1-4	00:59,68	01:02,17	01:04,65	01:07,14	01:14,60	01:17,09	01:19,57	01:24,55	S1-4	50rc		
	S5	00:48,20	00:50,21	00:52,22	00:54,23	01:00,25	01:02,26	01:04,27	01:08,28	S5			
	S6	00:48,25	00:50,26	00:52,27	00:54,28	01:00,31	01:02,32	01:04,33	01:08,35	S6			
	S7	00:49,56	00:51,62	00:53,69	00:55,75	01:01,94	01:04,01	01:06,07	01:10,20	S7			
	S8	00:44,00	00:45,83	00:47,66	00:49,50	00:54,99	00:56,83	00:58,66	01:02,33	S8			
	S9	00:40,66	00:42,35	00:44,04	00:45,74	00:50,82	00:52,51	00:54,21	00:57,60	S9			
	S10	00:39,78	00:41,44	00:43,10	00:44,76	00:49,73	00:51,39	00:53,05	00:56,36	S10			
	S11	00:44,46	00:46,31	00:48,16	00:50,01	00:55,57	00:57,42	00:59,27	01:02,98	S11			
	S12	00:40,54	00:42,23	00:43,91	00:45,60	00:50,67	00:52,36	00:54,05	00:57,43	S12			
	S13	00:38,50	00:40,10	00:41,70	00:43,31	00:48,12	00:49,72	00:51,33	00:54,54	S13			
	S14	00:38,42	00:40,03	00:41,63	00:43,23	00:48,03	00:49,63	00:51,23	00:54,43	S14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14		Klasse	Afstand
	100rc	S1-4	02:31,01	02:37,30	02:43,60	02:49,89	03:08,76	03:15,06	03:21,35	03:33,93		S1-4	100rc
		S5	02:05,40	02:10,63	02:15,85	02:21,07	02:36,75	02:41,98	02:47,20	02:57,65		S5	
S6		01:37,03	01:41,07	01:45,11	01:49,16	02:01,28	02:05,33	02:09,37	02:17,46	S6			
S7		01:39,62	01:43,77	01:47,92	01:52,07	02:04,52	02:08,67	02:12,82	02:21,12	S7			
S8		01:30,37	01:34,14	01:37,90	01:41,67	01:52,96	01:56,73	02:00,50	02:08,03	S8			
S9		01:23,77	01:27,26	01:30,75	01:34,24	01:44,71	01:48,20	01:51,69	01:58,67	S9			
S10		01:22,19	01:25,62	01:29,04	01:32,47	01:42,74	01:46,16	01:49,59	01:56,44	S10			
S11		01:30,93	01:34,72	01:38,51	01:42,29	01:53,66	01:57,45	02:01,24	02:08,81	S11			
S12		01:23,89	01:27,39	01:30,88	01:34,38	01:44,87	01:48,36	01:51,86	01:58,85	S12			
S13		01:19,99	01:23,32	01:26,65	01:29,99	01:39,99	01:43,32	01:46,65	01:53,32	S13			
S14		01:19,68	01:23,00	01:26,32	01:29,64	01:39,60	01:42,93	01:46,25	01:52,89	S14			
Afstand		Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand	
50vl		S1-4	00:57,88	01:00,29	01:02,70	01:05,11	01:12,35	01:14,76	01:17,17	01:21,99	S1-4	50vl	
		S5	00:50,86	00:52,98	00:55,10	00:57,22	01:03,58	01:05,70	01:07,82	01:12,06	S5		
	S6	00:42,63	00:44,41	00:46,18	00:47,96	00:53,29	00:55,06	00:56,84	01:00,39	S6			
	S7	00:42,16	00:43,92	00:45,67	00:47,43	00:52,70	00:54,46	00:56,21	00:59,73	S7			
	S8	00:40,34	00:42,03	00:43,71	00:45,39	00:50,43	00:52,11	00:53,79	00:57,15	S8			
	S9	00:36,44	00:37,95	00:39,47	00:40,99	00:45,55	00:47,06	00:48,58	00:51,62	S9			
	S10	00:36,04	00:37,54	00:39,04	00:40,55	00:45,05	00:46,55	00:48,05	00:51,06	S10			
	S11	00:43,49	00:45,30	00:47,12	00:48,93	00:54,37	00:56,18	00:57,99	01:01,61	S11			
	S12	00:36,10	00:37,60	00:39,11	00:40,61	00:45,13	00:46,63	00:48,13	00:51,14	S12			
	S13	00:36,51	00:38,03	00:39,55	00:41,08	00:45,64	00:47,16	00:48,68	00:51,73	S13			
	S14	00:35,06	00:36,52	00:37,98	00:39,44	00:43,82	00:45,28	00:46,74	00:49,66	S14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse		Afstand
	100vl	S1-8	01:25,92	01:29,50	01:33,08	01:36,66	01:47,40	01:50,98	01:54,56	02:01,72	S1-8		100vl
		S9	01:20,60	01:23,95	01:27,31	01:30,67	01:40,75	01:44,10	01:47,46	01:54,18	S9		
S10		01:19,90	01:23,23	01:26,56	01:29,89	01:39,87	01:43,20	01:46,53	01:53,19	S10			
S11		01:35,05	01:39,01	01:42,97	01:46,93	01:58,81	02:02,77	02:06,73	02:14,65	S11			
S12		01:20,64	01:24,00	01:27,36	01:30,72	01:40,79	01:44,15	01:47,51	01:54,23	S12			
S13		01:17,38	01:20,60	01:23,82	01:27,05	01:36,72	01:39,94	01:43,17	01:49,62	S13			
S14		01:16,01	01:19,18	01:22,35	01:25,51	01:35,02	01:38,18	01:41,35	01:47,68	S14			

Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand		
50ss	SB1-4	01:06,13	01:08,88	01:11,64	01:14,39	01:22,66	01:25,42	01:28,17	01:33,68	SB1-4	50ss		
	SB5	01:00,69	01:03,22	01:05,75	01:08,27	01:15,86	01:18,39	01:20,92	01:25,97	SB5			
	SB6	00:57,01	00:59,38	01:01,76	01:04,13	01:11,26	01:13,64	01:16,01	01:20,76	SB6			
	SB7	00:50,04	00:52,13	00:54,21	00:56,30	01:02,55	01:04,64	01:06,72	01:10,89	SB7			
	SB8	00:47,20	00:49,16	00:51,13	00:53,10	00:59,00	01:00,96	01:02,93	01:06,86	SB8			
	SB9	00:42,31	00:44,07	00:45,83	00:47,60	00:52,89	00:54,65	00:56,41	00:59,94	SB9			
	SB11	00:47,69	00:49,68	00:51,67	00:53,65	00:59,62	01:01,60	01:03,59	01:07,56	SB11			
	SB12	00:44,24	00:46,08	00:47,92	00:49,77	00:55,30	00:57,14	00:58,98	01:02,67	SB12			
	SB13	00:43,20	00:45,00	00:46,80	00:48,60	00:54,00	00:55,80	00:57,60	01:01,20	SB13			
	SB14	00:42,77	00:44,55	00:46,33	00:48,11	00:53,46	00:55,24	00:57,02	01:00,58	SB14			
	Afstand	Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14		Klasse	Afstand
	100ss	SB1-4	02:13,04	02:18,59	02:24,13	02:29,67	02:46,30	02:51,85	02:57,39	03:08,48		SB1-4	100ss
		SB5	02:03,86	02:09,02	02:14,18	02:19,34	02:34,82	02:39,98	02:45,14	02:55,46		SB5	
		SB6	01:53,80	01:58,54	02:03,28	02:08,02	02:22,25	02:26,99	02:31,73	02:41,21		SB6	
SB7		01:48,00	01:52,50	01:57,00	02:01,50	02:15,00	02:19,51	02:24,01	02:33,01	SB7			
SB8		01:38,27	01:42,37	01:46,46	01:50,56	02:02,84	02:06,93	02:11,03	02:19,22	SB8			
SB9		01:29,98	01:33,73	01:37,47	01:41,22	01:52,47	01:56,22	01:59,97	02:07,47	SB9			
SB11		01:37,79	01:41,87	01:45,94	01:50,02	02:02,24	02:06,31	02:10,39	02:18,54	SB11			
SB12		01:32,52	01:36,37	01:40,23	01:44,08	01:55,65	01:59,50	02:03,36	02:11,07	SB12			
SB13		01:31,01	01:34,80	01:38,60	01:42,39	01:53,77	01:57,56	02:01,35	02:08,93	SB13			
SB14		01:30,59	01:34,36	01:38,14	01:41,91	01:53,23	01:57,01	02:00,78	02:08,33	SB14			
Afstand		Klasse	QM's Senioren	NK Senioren	QM's Onder 18	NK Onder 18	NK Onder 16	PK Sen / O18	NK Onder 14	PK Onder 14	Klasse	Afstand	
200wis		SM1-5	04:08,27	04:18,61	04:28,96	04:39,30	05:10,33	05:20,68	05:31,02	05:51,71	SM1-5	200wis	
		SM6	03:36,02	03:45,02	03:54,02	04:03,02	04:30,02	04:39,02	04:48,02	05:06,02	SM6		
		SM7	03:32,34	03:41,18	03:50,03	03:58,88	04:25,42	04:34,27	04:43,11	05:00,81	SM7		
	SM8	03:15,21	03:23,34	03:31,48	03:39,61	04:04,01	04:12,14	04:20,28	04:36,54	SM8			
	SM9	03:06,32	03:14,08	03:21,84	03:29,61	03:52,90	04:00,66	04:08,42	04:23,95	SM9			
	SM10	02:58,93	03:06,39	03:13,84	03:21,30	03:43,67	03:51,12	03:58,58	04:13,49	SM10			
	SM11	03:13,13	03:21,18	03:29,23	03:37,27	04:01,41	04:09,46	04:17,51	04:33,60	SM11			
	SM12	03:07,28	03:15,08	03:22,88	03:30,69	03:54,09	04:01,90	04:09,70	04:25,31	SM12			
	SM13	02:55,98	03:03,31	03:10,64	03:17,97	03:39,97	03:47,30	03:54,63	04:09,30	SM13			
	SM14	02:52,68	02:59,88	03:07,07	03:14,27	03:35,85	03:43,05	03:50,25	04:04,64	SM14			

Versiebeheer

04-02-2025 Publicatie

19-02-2025 Toevoegen niveau Provinciale Kampioenschappen