

***Para-zwemmen
Puntentelling 2025
Heren***



knzb

04-02-2025

1.000-punten tijden Parazwemmen
HEREN

50m vrije slag	1.000pt	100m vrije slag	1.000pt
S1	01:15,10	S1	02:36,40
S2	00:51,89	S2	01:58,79
S3	00:41,08	S3	01:26,94
S4	00:35,93	S4	01:20,11
S5	00:29,67	S5	01:07,00
S6	00:28,86	S6	01:03,45
S7	00:26,68	S7	00:59,75
S8	00:26,37	S8	00:57,53
S9	00:24,17	S9	00:53,67
S10	00:23,13	S10	00:50,67
S11	00:25,89	S11	00:56,89
S12	00:23,63	S12	00:52,19
S13	00:23,26	S13	00:51,09
S14	00:23,51	S14	00:51,29

200m vrije slag	1.000pt	400m vrije slag	1.000pt
S1	04:42,84	S1	10:25,92
S2	03:54,64	S2	08:07,81
S3	03:16,80	S3	06:51,90
S4	02:46,92	S4	05:47,04
S5	02:24,07	S5	05:01,09
S6	02:24,23	S6	04:48,79
S7	02:12,13	S7	04:33,05
S8	02:07,18	S8	04:23,56
S9	01:58,35	S9	04:10,52
S10	01:56,14	S10	04:00,82
S11	02:08,36	S11	04:26,45
S12	01:59,25	S12	04:06,99
S13	01:51,74	S13	03:58,61
S14	01:51,85	S14	04:07,24

50m rugslag	1.000pt	100m rugslag	1.000pt
S1	01:04,97	S1	02:15,99
S2	00:51,72	S2	01:55,24
S3	00:43,05	S3	01:34,68
S4	00:41,13	S4	01:33,98
S5	00:31,48	S5	01:20,10
S6	00:31,64	S6	01:13,09
S7	00:32,61	S7	01:07,62
S8	00:30,39	S8	01:03,80
S9	00:28,24	S9	01:00,07
S10	00:27,88	S10	00:57,71
S11	00:31,03	S11	01:06,19
S12	00:27,88	S12	00:59,21
S13	00:26,62	S13	00:57,10
S14	00:27,42	S14	00:57,50

200m rugslag	1.000pt
S1	05:17,84
S2	04:26,74
S3	03:35,77
S4	03:35,96
S5	03:02,53
S6	02:48,80
S7	02:37,93
S8	02:19,44
S9	02:20,24
S10	02:10,22
S11	02:26,27
S12	02:26,26
S13	02:07,74
S14	02:11,64

50m schoolslag	1.000pt	100m schoolslag	1.000pt
SB1	01:20,81	SB1	03:04,22
SB2	00:47,78	SB2	02:14,09
SB3	00:46,99	SB3	01:49,86
SB4	00:43,36	SB4	01:33,91
SB5	00:41,02	SB5	01:25,29
SB6	00:35,03	SB6	01:17,96
SB7	00:32,93	SB7	01:12,75
SB8	00:31,87	SB8	01:08,10
SB9	00:30,25	SB9	01:05,22
SB11	00:31,84	SB11	01:10,52
SB12	00:30,35	SB12	01:04,48
SB13	00:29,11	SB13	01:02,94
SB14	00:29,28	SB14	01:03,23

200m schoolslag	1.000pt
SB1	07:02,46
SB2	05:08,09
SB3	04:12,41
SB4	03:43,42
SB5	03:14,61
SB6	03:03,91
SB7	03:03,80
SB8	02:27,95
SB9	02:27,29
SB11	02:43,25
SB12	02:25,55
SB13	02:26,94
SB14	02:23,18

50m vlinderslag 1.000pt		100m vlinderslag 1.000pt	
S1	00:53,43	S1	01:57,30
S2	00:53,43	S2	01:57,30
S3	00:47,45	S3	01:43,02
S4	00:38,72	S4	01:24,06
S5	00:30,45	S5	01:17,88
S6	00:30,76	S6	01:11,60
S7	00:28,86	S7	01:05,76
S8	00:27,81	S8	01:01,98
S9	00:26,58	S9	00:57,59
S10	00:25,34	S10	00:54,41
S11	00:27,93	S11	01:00,78
S12	00:25,50	S12	00:57,01
S13	00:24,77	S13	00:54,05
S14	00:25,08	S14	00:54,32

200m vlinderslag 1.000pt	
S1	04:42,31
S2	04:42,31
S3	04:07,93
S4	03:22,30
S5	03:07,43
S6	02:50,42
S7	02:36,51
S8	02:17,16
S9	02:21,36
S10	02:10,18
S11	02:30,24
S12	02:53,61
S13	02:07,81
S14	02:07,46

200m wisselslag	1.000pt	100m wisselslag	1.000pt
SM1	04:07,00	SM1	02:03,50
SM2	04:07,00	SM2	02:03,50
SM3	04:07,00	SM3	02:03,50
SM4	03:45,15	SM4	01:52,57
SM5	02:47,28	SM5	01:23,64
SM6	02:37,68	SM6	01:18,84
SM7	02:28,60	SM7	01:14,30
SM8	02:20,57	SM8	01:10,29
SM9	02:13,00	SM9	01:06,50
SM10	02:05,66	SM10	01:02,83
SM11	02:18,08	SM11	01:09,04
SM12	02:13,43	SM12	01:06,72
SM13	02:02,93	SM13	01:01,46
SM14	02:06,74	SM14	01:03,37







